

Coil Change Appointments

When attending for a coil change you may not need all the information you received when first having your coil fitted. However you are welcome to have one of our coil packs if you wish to go over the details again.

If you are continuing with the same coil this can be fitted at any time in your cycle.

You must avoid unprotected sexual intercourse in the 7 days prior to your coil being changed

If there are any changes with your coil please book a routine phone appointment with Dr Weaver. **If you think your coil may be coming out (eg threads lengthened) or you develop new pelvic pain please book an urgent appointment.**

Other reasons to discuss your coil change prior to booking an appointment:

If your coil is already overdue to be changed- please ensure you are using additional contraception and call to discuss options.

If you wish to have a different type of coil.

If you think you currently have a vaginal infection

If you think you may be at risk of vaginal infection.

Risk factors for Sexually Transmitted Infections(STIs) include:

Being sexually active and aged under 25 years

Having a new sexual partner in the last 3 months

Having more than one sexual partner in the last year

Having a regular sexual partner who has other sexual partners

A history of STIs

Attending as a previous contact of STI

Alcohol/substance abuse.

If any of these apply to you then ask for the coil pack as it contains a vaginal swab you can do yourself at home

Coil Removal

If you no longer wish to use the coil as your method of contraception this can be removed in a routine appointment with your doctor/one of the nurses in the practice.

However if you wish to change to an alternative form of contraception it is advisable to speak to your own GP in advance of coil removal. This is so you can start on the new method of contraception before the coil is removed to give you continuous cover.